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## Social media

We live in an era where everything is just a click away. The Internet has become the easiest way to connect with all kinds of people around the world. It is a good tool to gain knowledge and feel connected with your loved ones. However, there are two sides to that point. I mean the negative side, which is seeing inappropriate things in just one click, and then there are social media sites where it seems like living your best life, but in reality, there is nothing but hypocrisy.

When someone overuses social media it will be a bad influence on that person, and it drags them away from worshiping Allah (SWT). Some people spread a lot of bad rumors on well-known apps like Facebook and others, and that is a very big sin. There are also some terrible advertisements on social media websites. 59.3% of the world's population use social media in 2022. (Dave Wilis). "Don't use social media to impress people; use it to impact people". This means that people should not post foolish stuff but post stuff that is useful for human society. Social media distracts some people so much that they forget about their daily prayers. This generation is more unsatisfied, broken, and hopeless about themselves than ever before because of the comparison between themselves and the person on Instagram or any other social media sites. People look so beautiful or it seems like they're living a better life than you. People even become jealous about the likes and follows of others. Allah is the creator of every single human being and when someone compares himself/herself with others it is like telling Allah that "O Allah I don't like what you have created in me and how you have created me." explain that. Young children are more self-conscious and self-comparing.

"Know that this worldly life is no more than play, amusement, luxury, mutual boasting, and competition in wealth and children. This is like rain that causes plants to grow, to the delight of the planters. But later the plants dry up and you see them wither, then they are reduced to chaff. And in the Hereafter, there will be either severe punishment or forgiveness and pleasure of Allah, whereas the life of this world is no more than the delusion of enjoyment" (Quran 57:20). This means that this life is for having fun and monkeying around. Have you ever found yourself scrolling through Instagram, Facebook, TikTok, etc., or jumping from one app to the other and spending more time than you planned to? And at the end, you think about the time that is simply wasted because of social media, and eventually, you could not finish the assignment or the study or the presentation, or any other important thing you had planned that day. It is really important to take breaks from social media. During social media breaks, you can focus more on praying, reading Quran, and reading new books. During the break, you can also spend more time with family and friends. This is another really important part of a human's life, spending time with family and friends. It is important because if you keep spending a lot of time on social media it will eventually haul you away from your family and friends.

Since technology has taken its place in the world, the world has drastically changed. Technology has had a great impact on all humankind since it's been developed. We can use this technology for the sake of Allah (SWT) and focus on Allah (SWT). We shouldn't forget our daily prayers or Allah (SWT) because in this world you only need to focus on getting enough good deeds instead of sins and entering Jannah inshallah. This is why we should try and focus on Allah (SWT) rather than being addicted to technology

## **Sources**

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